

Below you will find a list of common medications and herbal supplements that can interfere with skin testing. If you are taking any of these medications or medications that contain one or more of these ingredients, you must contact your physician or your healthcare provider to determine whether or not they can be withheld in anticipation of the administration of skin testing at your initial visit. **Do NOT stop taking your medications or herbal supplements without first discussing this with your physician or your healthcare provider.** If necessary, skin testing may be performed at a follow-up visit after your initial appointment.

A ccolate [®]	Withhold morning of test
Actifed [®]	3 days
Actifed Sinus Day [®]	3 days
Alavert [®]	3 days
Aler-Dryl [®]	3 days
Allegra [®] and Allegra D [®]	3 days
Aller-Chlor [®]	3 days
Allerhist-1 [®]	5 days
Antihist [®]	3 days
Antivert [®]	3 days
Astelin nasal spray [®]	5 days
Astemizole	6 weeks
Astralagus	3 days
Atarax [®]	5 days
Axid [®]	Take up through the night before but hold morning of test
Azatadine	6 weeks
Azelastine	5 days
B actine [®]	Withhold morning of test
Banophren [®]	3 days
Benadryl [®]	3 days
Bromphen [®]	3 days
Brompheniramine	3 days
C .P.M [®]	3 days
Calm-Aid [®]	3 days
Cetirizine	3 days
Chlo-Amine [®]	3 days
Chlor-Al Rel. [®]	3 days
Chlor-Mal [®]	3 days
Chlorphen [®]	3 days
Chlorpheniramine	3 days
Chlor-Phenit [®]	3 days
Chlor-Trimeton [®]	3 days
Cimetidine	Take up through the night before but hold morning of test
Cisapride	Withhold morning of test
Clarinex [®]	3 days
Claritin [®]	3 days
Clemastine	3 days
Compazine [®]	3 days

Compoz Nighttime Sleep Aid [®]	3 days
Contac 12 Hour All [®]	5 days
Cortaid cream/ointment [®]	Withhold morning of test
Cyproheptadine	3 days
D ermolate cream [®]	Withhold morning of test
Dimetapp [®]	3 days
Diphedryl [®]	3 days
Diphen [®]	3 days
Diphenhydramine	3 days
Drixoral [®]	3 days
Duradryl [®]	3 days
E ffidac-24 [®]	3 days
Excedrin PM [®]	3 days
Extendryl [®]	3 days
F amotidine	Take up through the night before but hold morning of test
Feverfew	3 days
Fexofenadine	3 days
G enahist [®]	3 days
Green tea	3 days
H ismanal [®]	6 weeks
Hydramine [®]	3 days
Hydrocortisone cream/ointment	Withhold morning of test
Hydroxyzine	5 days
K etotifen	7 days
L ansoprazole	Withhold morning of test
Levocabastine	3 days
Licorice	3 days
Livostin [®]	3 days
Loratadine	3 days
M eclizine [®]	3 days
Mequitazine	5 days
Metoclopramide	Withhold morning of test
Milk Thistle	3 days
Montelukast	Withhold the night before the morning of test
N izatidine	Take up through the night before but hold morning of test
Nu-Med [®]	3 days
Nytol Caplet [®]	3 days
O meprazole	Withhold morning of test
Optimine	6 weeks
Optivar [®]	5 days
P atanol [®]	3 days
PBZ [®] and PBZ-SR [®]	3 days
Pediacare [®]	3 days

Pepcid [®]	Take up through the night before but hold morning of test
Periactin [®]	3 days
Phenergan [®]	3 days
Prevacid [®]	Withhold morning of test
Prilosec [®]	Withhold morning of test
Prochlorperazine	3 days
Promethazine	3 days
Propulsid [®]	Withhold morning of test
Prorex 25 & 50 [®]	3 days
Q uintadrill [®]	5 days
R anitidine	Take up through the night before but hold morning of test
R eglan [®]	Withhold morning of test
Rezine [®]	5 days
Ridraman [®]	3 days
S aw Palmetto	3 days
Scot-Tussin Allergy Relief Formula [®]	3 days
Seldane [®]	7 days
Singulair [®]	Withhold the night before the morning of test
Sominex [®]	3 days
Steroids cream	Withhold morning of test
St. John's Wort	3 days
T agamet [®]	Take up through the night before but hold morning of test
Tavist and Tavist-1 [®]	3 days
Temaril [®]	3 days
Terfenadine	7 days
Trimeprazine	3 days
Trinalin [®]	3 days
Tripeleennamine	3 days
Twilite [®]	3 days
Tylenol PM [®]	3 days
U nisom [®]	3 days
Unisom Sleepgels Maximum Strength [®]	3 days
V istaril [®]	5 days
Z aditor [®]	3 days
Zafirlukast	Withhold morning of test
Zantac [®]	Take up through the night before but hold morning of test
Zileuton	Withhold morning of test
Zyflo [®]	Withhold morning of test
Zyrtec [®]	3 days